

FROM THE *Pastor's Desk*

WELLNESS

Twelve years ago, five priests performed the ministries that I cover today: Father Donlon (Judicial Vicar), Father Sullivan (Judge), Father Hohenstein (Pastor), Father Pagones (Pastor), and Father Urban (Pastor); each performed full-time ministry for the office entrusted to them. Today, three of these five priests are deceased. Although necessary due to the shortage of priests today, it is not typical for one priest to be assigned five ecclesiastical offices simultaneously.

Considering the clergy wellness conference for the Diocese of Albany held on May 4-5, 2022, and conscious that I alone am responsible for sustaining my own health and self-care for the long run, I wish to share with you that our weekly "tv Mass" filmed on Thursday afternoons will be altered. Our team, our finance council, and our pastoral council will be advising me on how and when the filming of our Masses will occur after June. During the pandemic, the lockdown of the Pastoral Center in Albany and our churches freed some time to film "tv Masses" on Thursdays. We're back to a normal schedule at the Tribunal, and most restrictions related to the pandemic have lifted in our parishes. The current demands on my time for the five above functions do not permit me to maintain the same schedule as during the lockdown.

Additionally, beginning in August, Thursday afternoon through Friday will be regular wellness time away from the above ministries. At present, this occurs on Friday only.

I pray assiduously for your needs and concerns, and I ask the same of you with these changes. Please pray for me, that I may serve you generously in the vein of our Good Shepherd, Christ Jesus. And please continue to offer prayers to the Lord that more men will respond generously to God's call to serve his Church as priests.

Fr. Frisoni